

From snow to cloud –
experience of Tajikistan
land of
Four Seasons



Tajikistan, being mountainous country (93% covered), with the highest peak – Ismoil Somoni (7,495) both temperature and rainfall vary with altitude and slope exposure. At high altitudes, there are extensive glaciers and snowfields. Safedara ski resort is at the level of 2,590 m.



Digitalization of the sector

- ▶ tourism hotline — to provide quick support for tourists and tourism companies, available on weekdays and via WhatsApp/Telegram after hours.
- ▶ Tourism Map of Tajikistan to help travelers navigate both popular and remote areas. It shows key sites, transport routes, services, and emergency contacts, works offline, and is available in several languages.
- ▶ "Early Warnings for All" Initiative: As the first country in Central Asia to launch this initiative, Tajikistan works with UN agencies (WMO, UNDRR, ITU, IFRC) and local committees to strengthen EWS.
- ▶ digital technologies can play a crucial role — including by monitoring climate conditions, managing tourist flows, improving the safety of mountain routes, and providing accurate information for tourists in real time.

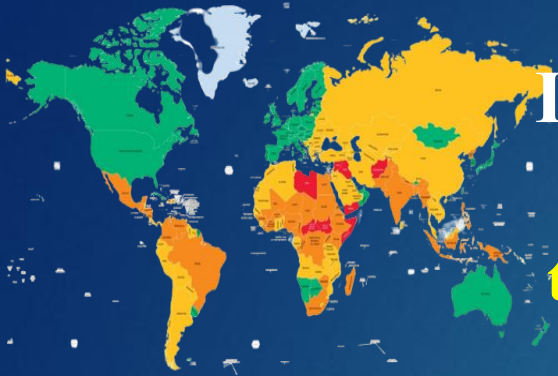


Ecotourism Potentials (Magic of Tajikistan's Nature)

Sustainable and ecotourism in Tajikistan is an ever-growing branch of regional travel designed to celebrate and preserve the cultural and natural beauty of the land in all its magnificent, time-honored splendor.

- Renowned outdoor destinations in the Fann and Pamir Mountain Ranges await you, many of which remain underexplored by both locals and tourists.
- Seven Lakes and Iskanderkul Lake are aquatic pearls sheltered among the slopes of the Fann Mountains.
- Pamir Mountain tourism is the most eco-minded option in all Tajikistan.





International recognition of Tajikistan as a tourist destination

Tajikistan has become an attractive destination for travel lovers around the world, with the image of a safe and peaceful country in Central Asian Region

- Lonely Planet, has included Tajikistan in its prestigious list of “25 Best Travel Experiences for 2026 (Best in Travel 2026)”, recognizing the country as one of the most inspiring destinations for hiking and mountain adventures.
- The British Travel Magazine “Wanderlust” ranked Tajikistan fourth among the top five countries in the world in terms of visa facilitation, including tourist visa;
- British Backpacker Society included Tajikistan in the top ten best countries in the world and ranked 7th in terms of opportunities for adventure and trekking;
- The U.S. State Department of Tourism recommends the Republic of Tajikistan to its citizens as one of the safest countries to travel to;
- The Economic Cooperation Organization has chosen Dushanbe as the “ECO Tourism Capital for 2020-2021”;
- The Pacific Area Travel Writers Association (PATWA), which is recognized as one of the world's most influential tourism organization, has declared the Republic of Tajikistan as a stable and inviolable destination for tourism;
- “Kokhi Navruz” located in the capital of Tajikistan was presented as a modern miracle and was included in the

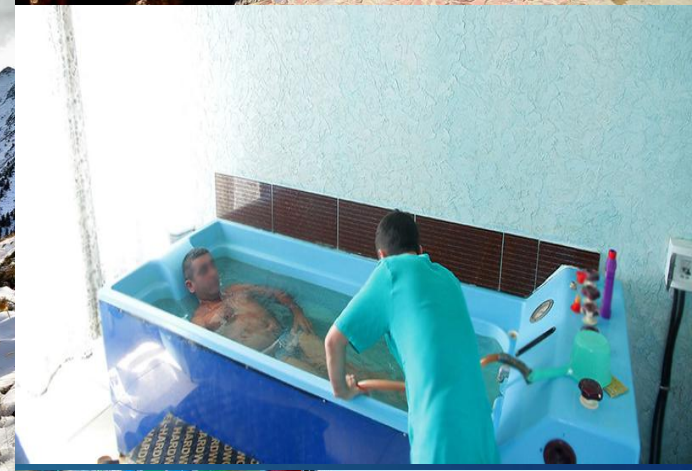
Health Tourism

Medical Tourism

- Medical Equipment
- Skillful & Experienced Doctors
- Suitable Services & Advanced Treatments
- Cost-effectiveness of Medical Costs & Services

Wellness & Curative Tourism

- Mineral springs
- Salt Caves and Salt Lake
- The beaches
- Deserts
- Mudflows





**Wild
Tajikistan**
it's all in our nature!





Adventure Tajikistan

If you enjoy traveling in nature, love hiking (trekking), jeep tours, ski tours, bike tours, fishing tours, active recreation in all its manifestations, are energetic, curious and have the spirit of a pioneer, then you will appreciate Tajikistan's adventure potentials.





**THANK YOU FOR YOUR
ATTENTION!**